

## WJH Daily Announcements - February 22nd - Day Cycle 6

"All girls interested in playing MODIFIED LACROSSE this spring at Van Wyck and Wappingers JHS must email Coach Boscia [valerie.boscia@wcsdny.org](mailto:valerie.boscia@wcsdny.org) to be added to the google classroom. All information regarding tryouts will be posted there."

### WINTER SPORT PICTURES

Winter Sports Pictures have arrived! If you or your parents ordered pictures, please see Mrs. Biegun in Room 244 to pick them up.

**FROM MR. CALVIN:** Girls Rock STEAM event at Kingston High School March 26th from 9am to 12pm. The event usually fills to capacity and is open to young women grades 5-8. Gotta register using the site found below. Check it out!

<https://sites.google.com/view/girlsrocksteam/home?authuser=1>

### STEAM/SCIENCE FAIR

Annual STEAM/Science Fair for grades 5-12 will be held on Saturday, March 5<sup>th</sup> (snowdate is March 6<sup>th</sup>) in the Gymnasium at John Jay High School (8:00 am - 3:00 pm) with Public viewing from 12 pm - 3pm. Our budding scientists throughout the district will be displaying their projects to be judged by a wide variety of professionals in the world of science, mathematics, technology and engineering within our community.

### CHILDCARE FORMS FOR 2022-2023

TRANSPORTATION HAS UPDATED THEIR CHILDCARE TRANSPORTATION FORM FOR 2022-2023 SCHOOL YEAR. PLEASE SEE WJH WEBSITE FOR MORE DETAILS.

### LOST & FOUND:

The lost and found closet / table will be cleaned out on Friday, February 25th. All unclaimed items will be donated to a local charity. Please check to see if you lost any items.

If your child lost a HYPLAND jacket, please contact the Main Office.

### WJH NEWSLETTERS:

Our WJH Monthly Newsletters (September, October, November & December/January) are now available on our WJHS website. Take a moment to view and read about what's happening here at WJH.

Click link below:

<https://www.wappingersschools.org/site/default.aspx?PageType=3&DomainID=1003&ModuleInstanceID=4110&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=61009&PageID=6077>

### **PTA MESSAGE:**

#### **HONOR ROLL BREAKFAST - February 23<sup>rd</sup>. - SAVE THE DATE!!**

The WJHS PTA is requesting donations for the annual honor roll breakfast for our second quarter honor roll students. Event will be held during school on February 23rd. Items can be dropped off on February 18th or February 22nd at the school. Please click this link to sign up to donate!

<https://www.signupgenius.com/go/4090A4AA8A82EA0F49-wjhs>

If you wish to volunteer at this event, please email [wappingersjrhighpta@gmail.com](mailto:wappingersjrhighpta@gmail.com)

Our 8th Grade Grad Signs and Banners are available for sale!

Sale ends May 6th, so we can have delivery in the beginning of June.

<https://wjhspta.memberhub.com/store>

Next PTA Meeting is February 24<sup>th</sup> @ 7:00 pm - virtual meeting.  
Here is the link: WJH PTA Meeting

Google Meet joining info

Video call link: <https://meet.google.com/xeq-ufmd-cxd>

Or dial: (US) +1 315-612-2450 PIN: 749 295 630#

### **Safety Presentation**

When Tue Feb 22, 2022 6pm – 7pm

Joining info Join with Google Meet

[meet.google.com/kbi-wqzj-iox](https://meet.google.com/kbi-wqzj-iox)

Join by phone

(US) [+1 443-424-3633](tel:+14434243633) (PIN: 211821039)

**FROM MAIN OFFICE:**

Parents: If you are picking up your child for early dismissal, the school requires a written note. Please make sure you have a written note at time of pick up. If your child is absent from school, please send a written note upon your child's return to school.

All school notes (absent/early dismissal/late or tardy/pick up at dismissal) must be handed into 1<sup>st</sup> period class teacher at the beginning of class each day. Teachers will place notes in folders on the classroom doors for pick up.

Notes can be emailed to: [carol.naughton@wcsdny.org](mailto:carol.naughton@wcsdny.org)

**FROM THE HEALTH OFFICE:** New Online Covid-19 Resource & Information for our Families from the Superintendent, Dr. Bonk:

<https://www.wappingersschools.org/Page/33897>

**FROM THE LIBRARY:** "Students, please check your school emails for overdue library notices. Any questions, stop by the library and see Mrs. Green."

"Participate in the WJH Winter Book Bingo with your fellow students, and be entered into a raffle for a \$25 gift card. Stop by the library and see Mrs. Green for more information!"

**CLUB INFORMATION:**

When our clubs & extra help classes meet on either Tuesdays or Thursdays from 2:30 pm until 3:50 pm there are late buses for students to take home.

**CRC:** The next CRC meeting will be on Tuesday 02/22/2022 in Mrs. Steger's room (Room 218). We look forward to seeing everyone!

**FROM STUDENT GOVERNMENT:** Attention all students!! Student Government is sponsoring a Black History Month Art and Essay contest for the month of February, 1-18 - You have a choice:

- 1) Draw a piece of artwork pertaining to the civil rights movement of the 60s or
- 2) Write a one-page essay of Dr. King's legacy. Winners will receive a gift certificate/pass for two to attend the Poughkeepsie Galleria, Regal Theater! Please submit your work to Mr. Ramirez @ M-11 by Feb. 18, 2022.

**DRAMA** - Tuesday, 2/22 - 2:30 pm - 3:50 pm - Auditorium

Wednesday, 2/23 - 6:00 pm - 8:00 pm - Auditorium

Thursday, 2/24 - 2:30 pm - 3:50 pm - Room M-10

Friday, 2/25 - 6:00 pm - 8:00 pm - Auditorium

**JAZZ BAND:** NO REHEARSALS on Thursday 2/24

**EXTRA MATH HELP 8<sup>TH</sup> GRADE**

The math 8 teachers made some changes to the extra help we are providing to accommodate the need to also support the Math AIS After-School Program. Going forward, extra help will be PM Tuesday thru Thursday and AM on Mondays and Fridays. Please see the attached for our updated Extra Help schedule and link to the virtual sessions.

**7<sup>TH</sup> GRADE HOMEWORK HELP W/MRS. LIBERTA & MRS. MILANESE**

Students are able to stay after school in Room 206 or they can join the Google Meet - the code is: jb75vomRoom 206

March: 3/8 and 3/22

**AFTER SCHOOL EXTRA HELP ELA & MATH - THIS WEEK SCHEDULE**

Tuesday 2/22 - ELA in ROOM 204 / MATH in ROOM 202

Thursday 2/24 - ELA in ROOM 141 / MATH in ROOM 218

**WAPPINGERS CREW CLUB:** THERE WILL BE NO CREW PRACTICE AT RCK on 2/22 & 2/23. Practice will resume on Thursday 2/24.

Crew Club students will meet in Room 113 on Mondays, Wednesdays and Fridays from 2:30 pm - 3:30 pm to await bus to pick up for practices. On Tuesdays and Thursdays, students will go to after school extra help for either ELA or Math in rooms shown above. These rooms change weekly so crew students will be responsible to check the daily announcements and plan accordingly.

**WJH PTA MESSAGES:**

The yearbook is underway and the staff is looking for photos. All fall and winter sports need to be submitted now, along with any events or activities that have taken place. Clubs and concerts included. - All photos can be emailed to [wearewappers@gmail.com](mailto:wearewappers@gmail.com)

Yearbooks are on sale. The site is now active and yearbooks can be purchased for \$35.

<https://link.entourageyearbooks.com/my/WJHS2022>

.....

8<sup>th</sup> grade baby pictures - there is still time to submit your baby pictures for the yearbook.

Submit pictures to this link: [Wearewappingers@gmail.com](mailto:Wearewappingers@gmail.com)

**STUDENTS NEED TO REMEMBER TO BRING A MASK TO SCHOOL.**

**STUDENTS NEED TO BRING THEIR CHROMEBOOKS TO SCHOOL EVERY DAY.**

**CELEBRATE NATIONAL DAY (FEBRUARY):**

**TODAY:** Across the United States, National Cook A Sweet Potato Day on February 22nd celebrates a root vegetable packed with flavor and a bit of history, too. The sweet potato is eaten and loved, each day, by millions of people across the nation.

Either Central America or South America is thought to be the center of origin and domestication of sweet potatoes. In Central America, sweet potatoes were domesticated at least 5,000 years ago. Peruvian sweet potato remnants dating as far back as 8,000 BC have been found in South America.

The sweet potato is an excellent source of vitamin A, which supports good vision, the immune system, and bone growth. Sweet potatoes are a good source of vitamin B-6, magnesium, and vitamin C. It's also great for the complexion.

While many Americans confuse the sweet potato with a yam, the two are different. A yam is a starchy tuber while the sweet potato is truly a sweet root vegetable. The sweet potato also comes in a variety of sizes and colors, including pale to bright orange, white, and purple. High in fiber and low in fat and calories, this root vegetable is a healthful alternative to snack foods when prepared without added butter, sugar, or salt.

Unlike other potatoes, sweet potatoes like long, hot growing seasons. This might explain why it is the state vegetable of North Carolina.

When storing your sweet potatoes, keep them in a cool, dry place. However, don't refrigerate them unless they're cooked. Refrigeration will give them a bitter taste, ruining their sweet flavor. Cooks find numerous ways to experiment with sweet potatoes, too!

Thank you.

Remember...WE ARE WAPPINGERS !!